



## Preparing for Surgery

### WHAT YOU NEED TO DO NOW:

- **TAKE MULTIVITAMINS:** Start taking a multivitamin once daily to improve your general health.
- **TAKE VITAMIN C:** Start taking 500 mg of Vitamin C twice daily to promote healing.
- **LIMIT VITAMIN E.** Discontinue Vitamin E capsules two (2) weeks before surgery. A multi vitamin containing vitamin E is okay. Extra Vitamin E may cause blood thinning.
- **STOP TAKING ANY FORM OF DIET PILLS 4 WEEKS PRIOR TO SURGERY.** Some diet pills deplete your endogenous catecholamines. What that means in plain language is that if your blood pressure drops (almost all anesthetics lower blood pressure), the usual medications to treat that won't work. Prolonged hypotension (low BP) can lead to heart attacks, strokes, kidney failure or even death. It's a risk that we are not willing to take with your health.
- **DO NOT TAKE ASPIRIN OR IBUPROFEN:** Stop taking medications containing aspirin or ibuprofen. Review the list of drugs containing aspirin and ibuprofen carefully. Such drugs can cause bleeding problems during and after surgery. Instead, use medications containing acetaminophen such as Tylenol.
- **If you live more than 30 minutes away, please consider using *The Marriott Residence Inn* for your first night's stay.** Your first post-operative appointment will be the first day after surgery. The Marriott Residence Inn is located about 1 mile from our office. You should reserve your room as soon as possible. Their number is 916-983-7289 and ask for the "Medical/Surgery Rate". These rates are a discounted price and include a hot buffet breakfast daily and a light dinner Monday through Fridays.
- **STOP SMOKING:** Smoking causes constriction (narrowing) of small blood vessels and reduces circulation to the skin and impedes healing. Reduction of that blood flow can cause reduced or slow healing, blistering of the skin and in worst case, actual loss of tissue. **It is best to avoid smoking, second hand smoke and cigarette replacements, such as nicotine patches or gum for 45 days before surgery and 45 days after surgery.** Smoking can also interfere with the "waking up" process your body goes through immediately after undergoing anesthesia. Some patients cough excessively and have a hard time breathing immediately after surgery.
- **MINIMIZE ALCOHOL INTAKE:** Minimize your alcohol intake 2 weeks before and 2 weeks after surgery. Alcohol simply increases the risk of complications and slows down the recovery process.
- Please read over the consent forms prior to your pre operative appointment.

### PRE-OPERATIVE APPOINTMENT

- It is very important that you arrive on time for your pre-op appointment. Your pre-operative appointment is about 60-90 minutes long depending on how many procedures you are having done. Dr. Kaufman will go over your procedure with you again and answer any questions you may have. If possible, please bring the person who will care for you after surgery with you during this appointment. Dr. Kaufman and nurse need your full attention during this appointment so if possible, we ask you do not bring children with you at this appointment.
- If you decide to add or change your surgical procedure(s), please call one of the Patient Care Coordinators **BEFORE** your pre-op appointment. A certain amount of time has been allowed for your surgery and any changes will alter the surgery schedule. We will do our very best to accommodate your desires.
- The nurse will show you the door in which you will enter the day of your surgery and describe the check in process.
- The nurse will go over all of your consents forms, answer any questions you may have and then ask you to sign them. Copies will be provided to you.
- The nurse will take your "before" photographs.
- Dr. Kaufman will write your prescriptions you will need to take after surgery. Please fill these as soon as possible so you can have them available to you the day of surgery. **Please bring in these medications on your day of surgery.**
- For certain procedures, the nurse will give you bruising reduction medication. The medication is started the

- day of surgery.
- Patients having breast augmentation surgery may want to bring in a few of your own shirts to try on with the breast implant sizers. It is also helpful for you to bring in pictures of the desired look you would like to achieve.
- For patients having breast reduction or breast lift with implants, it is also helpful for you to bring in pictures of the desired look you would like to achieve.
- **Your balance for your surgery is due at your pre-operative appointment.** You will see the Patient Care Coordinator, after your visit with Dr. Kaufman and nurse, to settle your account balance. *Please note, personal checks cannot be accepted any less than two weeks prior to your surgery.*

## **TWO DAYS BEFORE SURGERY**

- **CONFIRM SURGERY TIME:** We will call you to confirm the time of your surgery. If you are not going to be at home or at work, please call us to confirm 916-983-9895 before noon. Surgery start times can change so please be available the entire day of surgery to accommodate unforeseen changes.
- Confirm with the person who will bring you the day of surgery and take you home and care for you for the first 24 hours. Make sure your personal affairs are taken care of such as grocery shopping, household chores, banking and who will watch your children.

## **THE DAY BEFORE SURGERY**

- Make sure your prescriptions are filled and in a bag to bring to the surgery center.
- The Anesthesiologist may call you this evening. Please be available to take his call as he will go over general information with you. Don't worry if you do not receive a call, the Anesthesiologist will see you the morning of surgery.
- **EATING AND DRINKING:** Do not eat or drink anything for 8 hours prior to your surgery. You may take your daily prescribed medication with a sip of water.

## **THE DAY OF SURGERY**

- **ORAL HYGIENE:** You may brush your teeth but do not swallow any water.
- **CLEANSING:** Shower and wash your hair and the surgical areas.
- **MAKE-UP:** Please DO NOT wear any make-up, deodorant, moisturizers, creams or lotions.
- **JEWELRY:** Please do not wear any jewelry. This includes belly button rings and ANY piercings.
- **DO NOT WEAR:** Hairpins and/or wigs
- **DO NOT WEAR:** Contact lenses. Please wear your eyeglasses the day of surgery.
- **CLOTHING:** Wear a comfortable, 2 piece loose-fitting outfit (one that does not go over your head) such as sweat pants and a zip up hoodie. Wear slip on shoes such as slippers. If you have long hair, tie it back. You may want to bring or wear socks to keep your feet warm.
- **ARRIVE:** Two hours prior to your surgery time. Please make sure you arrive on time with the person that will take care of you after surgery. The nurse will meet with your caretaker and confirm a contact phone number. **OUR SURGERY SCHEDULE CAN CHANGE DURING THE DAY... PLEASE BE AVAILABLE THE ENTIRE DAY OF SURGERY IF WE SHOULD CALL YOU IN EARLY OR HAVE YOU COME LATER THAN YOUR SCHEDULED TIME. IF YOU LIVE OUT OF OUR IMMEDIATE AREA.**

**PLEASE BE PREPARED TO ARRIVE AT OUR OFFICE NO LATER THAN TWO HOURS BEFORE YOUR SCHEDULED SURGERY TIME.**

## **GOING TO OUR OPERATING ROOM**

- Going to the operating room is not a normal experience for most of us. Dr. Kaufman and all of the professional staff caring for you recognize the natural anxiety with which most patients feel as they approach this step in the process of achieving their goal. We believe a description of the surgery experience will be helpful.
- Your surgery will be performed here in our state-of-the-art, fully accredited operating room. You will be taken care of by Board Certified Plastic Surgeons, Registered ICU/trauma trained nurses, Board Certified Anesthesiologists from Mercy Hospital in Folsom and a surgical technician.
- When you arrive at our Surgical Center, you will be escorted to the pre-operative holding area. You will be asked to empty your bladder and change into a gown and a surgical cap placed over your hair. The nurse will start your intravenous drip and take your vital signs. Dr. Kaufman and the Anesthesiologist will meet with

you before surgery. This is the time for final surgical planning. It is also when we will do basic preparation or draw on your skin as needed. There will be time for questions.

- For all women of child bearing age, you will be asked to take a pregnancy test.
- Once you enter the operating room, the staff will do everything they can to make you feel comfortable and secure. You will be connected to monitoring equipment.

## THE RECOVERY ROOM

- When your surgery is completed and your dressings are in place, you will be moved back to the pre-operative/recovery area. You will be re-connected to monitoring equipment. During this time, the nurse will take care of you and remain with you at all times. This is also the time for your caretaker to be with you until you are ready to go home. The nurse will remove your IV and your monitoring equipment when you are ready. She will help you dress and assist you to your vehicle.
- Your stay in the recovery room will last from 45 minutes or longer depending on how soon you are ready to leave. Most patients are fully awake within 30 minutes after surgery but may not remember much about their stay in the recovery room.

## POST SURGERY ARRANGEMENTS

- **AT HOME:** You must arrange for a responsible adult to bring you to and drive you home from the surgery center. An adult family member or an adult friend must remain with you the first night after surgery.

## POST OPERATIVE CARE

- You will be sent home specific post-operative instructions. Please follow those instructions. It is very important that if you have excessive bleeding, excessive swelling, uncontrolled pain and/or fever, Call the office immediately 916-983-9895 or if you feel you are in a health crisis call 911.
- **YOUR FIRST 24 HOURS:** A responsible adult must stay with you overnight as you have been sedated.
- **DRESSINGS:** Keep your dressings as clean and dry as possible. Do not remove them unless instructed to do so.
- **ACTIVITY:** Take it easy and pamper yourself. Try to avoid any straining. You may go to the bathroom, sit and watch TV etc. but **NO MATTER HOW GOOD YOU FEEL, DO NOT CLEAN THE HOUSE, OR RE-ARRANGE THE GARAGE etc...**We do not want you to bleed and cause any more swelling and bruising than is unavoidable. Your body has undergone major surgery. Don't compromise your aesthetic goal! Avoid heavy lifting and straining for 3 weeks minimum. You may however do normal activities at anytime if they cause no pain or discomfort. Let your body tell you what you can do or cannot do. Don't over do it!
- **Cold Compresses.** Ice put directly on your fresh surgery skin can damage the area, so we recommend using cold compresses instead. Cold helps to reduce swelling, bruising and pain. Frozen gel packs work well. You can also use frozen peas in the package or put ice cubes in a bowl of water and wring out a washcloth or gauze and put on surgical area. Please make sure there is at least a thin layer of cloth between cold compresses and your skin.
- **DIET:** If you have any post-operative nausea, carbonated sodas and dry crackers may settle the stomach. If nausea is severe call our office at 916-983-9895. If you feel normal, start with liquids and bland foods and if those are well tolerated, progress to a regular diet.
- **SMOKING:** Again, smoking reduces capillary flow in your skin. We advise you not to smoke at all during the first **45 days after surgery.**
- **ALCOHOL:** Please do not drink until you have stopped taking the prescription pain pills as the combination of pain pills and alcohol can be dangerous.
- **DRIVING:** Please do not drive for at least 2 days after general anesthesia or intravenous sedation or at any time while taking prescription pain pills. You may drive when driving does not cause pain and you are no longer taking narcotic pain medications.
- **POST-OPERATIVE APPOINTMENTS:** It is very important that you follow the schedule of appointments we establish for you after surgery.
- **SURGICAL GARMENTS:** It is imperative you wear your surgical garments as prescribed. If you do not wear the garments as prescribed, your surgical outcome could be jeopardized and your aesthetic goal compromised.
- **SLEEPING POSITIONS:** During the first week, attempt to sleep on your back instead of your side. (If you have had breast surgery, we want your breasts to stay in a perfect position during the initial healing process.) This is not a "life and death" issue, however if you cannot sleep on your back, sleep in another comfortable position.
- **DRESSINGS:** You will be given specific instructions by the nurse regarding your surgical dressings. Please

follow them exactly. If you have any questions or problems please call our office and speak with a nurse. 916-983-9895

- **SHOWERING AND BATHING:** You may shower on the 3rd day after your body surgery and 1 day after facial surgery. Shower only the first week following surgery. Do not allow the incision lines to soak for more than a few minutes in the bath water. Leave the adhesive strips (steri-strips) on your skin. Do not use a hot tub until you are completely healed and have cleared it with Dr. Kaufman.
- **SUTURES:** Most of your sutures are absorbable and do not need to be removed. However, there are a few that will be removed on your 1 week or 2 week post operative appointment. Keep them clean and dry.
- **EXPOSURE TO SUNLIGHT:** Scars take at least a year to fade completely. During this time, you must protect them from the sun. Even through a bathing suit, a good deal of sunlight can reach the skin and cause damage. Wear a sunscreen with at least an SPF of 15 at all times when in the sunshine. Cover all incisions with clothing or a band-aid. If you have had breast surgery, be extremely careful if areas of your breast skin have reduced sensitivity. Tanning beds are never a good idea but if you chose to use them, protect your scars!!
- **ACTIVITIES/SPORTS:** We want you to avoid straining or any aerobic activity for at least 4-6 weeks after surgery. This is to avoid bleeding, bruising and swelling. Do not resume strenuous exercise until you are cleared by Dr. Kaufman. They will increase your activities according to the progress of your recovery.
- **SEXUAL ACTIVITIES:** Please re-read the Activity/Sports above and apply the same concept to sexual activities.

## GENERAL SURGICAL RISKS

### ABOUT RISKS

- We want you to understand fully the risks involved in surgery so that you can make an informed decision. Although complications are infrequent, all surgeries have some degree of risk. All of us here at Kaufman Plastic Surgery will use our expertise and knowledge to avoid complications as we are able. If a complication does occur, we will use those same skills in an attempt to solve the problem quickly.

### NORMAL SYMPTOMS

- **SWELLING AND BRUISING:** Moderate swelling and bruising are normal after any surgery. Severe swelling and bruising may indicate bleeding or possible infection.
- **DISCOMFORT AND PAIN:** Mild to moderate discomfort or pain is normal after any surgery. If the pain becomes severe and is not relieved by pain medication, please call us at 916-983-9895 immediately.
- **NUMBNESS:** Sensory nerves to the skin surface are occasionally cut when the incision is made or interrupted to the skin during surgery. The sensation in these areas gradually returns usually within 2 or 3 months as the nerve endings heal spontaneously. Occasionally numbness is permanent.
- **ITCHING:** Itching and occasional small shooting electrical sensations within the skin frequently occur as the nerve endings heal. Ice, skin moisturizers and massages are frequently helpful. These symptoms are common during the recovery period.
- **REDNESS OF SCARS:** All new scars are red, dark pink or purple in color. Scars on the face usually fade within 3-6 months. Scars on the breasts or body may take a year or longer to fade. No scars are invisible.

### COMMON RISKS

- **HEMATOMA/SEROMA:** Small collections of blood or fluid under the skin are usually allowed to absorb spontaneously. Larger hematomas may require aspiration, drainage, or even surgical removal to achieve the best result.
- **INFLAMMATION AND INFECTION:** A superficial infection may require antibiotic ointment. Deeper infections are treated with oral antibiotics. Rarely, development of an abscess requires drainage.
- **THICK WIDE DEPRESSED SCARS:** Abnormal scars may occur even though we have used the most modern plastic surgery techniques. Injection of steroids into the scars, placement of silicone sheathing onto the scars or further surgery to correct the scar is occasionally necessary. Some areas on the body scar more than others and some people scar more than others do. Your own history of scarring should give you some indication of what you can expect.
- **WOUND SEPARATION OR DELAYED HEALING:** Any incision during the healing phase may separate or heal unusually slow for a number of reasons. These include inflammation, infection, decrease circulation, smoking or excess external pressure. If delayed healing occurs, the final outcome is usually not significantly

- affected, but secondary revision of the scar may be indicated.
- **SENSITIVITY OR ALLERGY TO DRESSINGS OR TAPE:** Occasionally, allergic or sensitivity reactions may occur from soaps, ointments, tape or sutures used during or after surgery. Such problems are unusual and are usually mild and easily treated. In extremely rare circumstances, allergic reactions can be severe and require aggressive treatment or even hospitalizations.
- **INJURY TO DEEPER STRUCTURES:** Blood vessels, nerves and muscles may be injured during surgery. The incidences of these injuries are rare.

**\*\*\*\*\*THIS IS NOT A COMPLETE LIST OF RISKS.\*\*\*\*\***

## **RARE COMPLICATIONS**

- If they are severe, any of the problems mentioned under common risks may significantly delay healing or necessitate further surgical procedures.
- Medical complications such as pulmonary embolism, severe allergic reactions to medications, cardiac arrhythmias, heart attack, and hyperthermia are rare but serious and life-threatening problems. Failure to disclose all pertinent medical data before surgery may cause serious problems for you and for the medical team during surgery. If during the post-operative period you feel worried or concerned about anything, please call us and we will arrange to see you promptly or refer you to an appropriate facility.

## **UNSATISFACTORY RESULT & NEED FOR REVISIONAL SURGERY**

- All Plastic Surgery treatments and operations are performed to improve a condition a problem or an appearance. While the procedures are performed with a very high probability of success, disappointments can occur and results are not always acceptable to patients or the surgeon.
- Asymmetry, unhappiness with the result, poor healing etc. may occur. Minimal differences are usually acceptable. Larger differences may require revision surgery. Rarely problems may occur that are permanent.
- See “Surgical Revision Policy” for further details.

## **MEDICATIONS**

- Dr. Kaufman and the nursing staff have given you prescriptions for your comfort and care. It is important that you use the medications as directed unless you experience abnormal symptoms that might be related to medication usage.
- Symptoms such as itching, development of a rash, wheezing, and tightness in the throat would probably be due to an allergy. Sometimes nausea, vomiting and/or abdominal pains occur. Should any of these symptoms occur, discontinue all medications and call our office for instructions. 916-983-9895.

### **Common Medicines Containing Aspirin and Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)**

Aspirin, non-steroidal anti-inflammatory drugs (NSAIDs), and excessive amounts of vitamin E can all cause bleeding problems. They work on platelets. These are blood cells that form blood clots to prevent bleeding. Taking these medicines can increase your risk of bleeding. This is especially true during or after an operation or procedure.

Many over-the-counter and prescription medicines contain aspirin or NSAIDs. Following are lists of common medicines containing each of these drugs. While these lists have the most common products, they are not all-inclusive. Please check with your pharmacist or doctor or look on the product label.

All patients anticipating surgery must stop taking all sources of Aspirin and or products containing Aspirin, Ibuprofen, and excessive amounts of Vitamin E for two weeks prior to and one week after surgery. These products are a very strong anticoagulant which may cause profound bleeding problems in normal individuals.

### **Avoid these common medicines containing aspirin**

\*\*\* Products in **bold** require a prescription\*\*\*

A/D

Heartline

**Soma compound with Codeine tablets**

Alka Seltzer	Exedrin extra-strength analgesic tablets & caplets	Pravigard
Anacin	Excedrin Migraine	Rhinocaps
Analgesic Caplets	Gelprin	Salocol
Arthritis Foundation Pain Reliever	Fiorgen PF	Sine-off sinus medicine tablets-aspirin formula
Arthritis Pain Formula	Fiogesic	<b>Robaxisal</b> tablets
Arthritis Strength Bufferin	Fiortal	Saleto
ASA Enseals	<b>Fiorinal</b> (most formulations)	<b>Roxiprim</b>
ASA Suppositories	Genprin	Sodol
Ascriptin and Ascriptin	Gensan	<b>Soma compound tablets</b>
Aspergum	Headrin	St. Joseph Adult Chewable Aspirin
Asprimox	Isollyl	Supac
Axotal	Lanoprinal	Suprin
Azdone	<b>Lortab ASA tablets</b>	<b>Synalgos DC capsules</b>
Bayer (most formulations)	Magnaprin	Tenol-Plus
BC Powder & Cold formulations	Maximum strength arthritis pain formula by the makers of Anacin Analgesic	Trigesic
Bufferin (most formulations)	Marnal	Tri-pain
Buffets II	Micrainin	<b>Talwin compound</b>
Buffex	Midol	UN-aspirin
Cama Arthritis Pain Reliever	Momentum	Ursinus
COPE	<b>Norgesic Forte</b> (most formulations)	Vanquish Analgesic caplets
<b>Darvon Compound 65</b>	Aspirin	Zee-Seltzer
Dasin	Aspirin Norwich regular strength	Wesprin buffered

**STOP TAKING ANY FORM OF DIET PILLS 4 WEEKS PRIOR TO SURGERY**

**Avoid these non-steroidal anti-inflammatory drugs (NSAIDs)**

\*\*\* Products in **bold** require a prescription\*\*\*

Actron caplets	<b>Diclofenac</b>	<b>Lodine</b>	Nuprin
Advil	<b>Etodolac</b>	<b>Meclofenamate</b>	Orudis KT
Advil migraine	<b>Feldene</b>	<b>Mefenamic Acid</b>	<b>Oxaprozin</b>
Aleve	<b>Fenoprofen</b>	<b>Meloxicam</b>	Pedia Care Fever
Altran	<b>Flurbiprofen</b>	Menadol	<b>Piroxicam</b>
<b>Anaprox DS</b>	Genpril	Midol IB	<b>Ponstel</b>
<b>Ansaid</b>	Ibuprin	<b>Mobic</b>	<b>Relafen</b>
<b>Arthrotec</b>	Ibuprofen	Motrin IB	Saleto 200
Bayer Select pain relief formula caplets	<b>Indomethacin</b>	<b>Nabumetone</b>	<b>Sulindac</b>
Children's Motrin	<b>Indocin</b>	<b>Nalfon</b>	<b>Toradol</b>
<b>Clinoril V</b>	Ketoprofen	<b>Naprosyn</b>	<b>Voltaren</b>
<b>Daypro</b>	<b>Ketorolac</b>	Naproxen	

**Avoid these Vitamin E products**

Amino-Opt-E	E-complex 600
Aquasol E	E-400 IU
Aquavit	E-1000 IU softgels
D'alpha E	Vita Plus E

**Medicines to take instead**

\*\*\* Products in **bold** require a prescription\*\*\*

You can take acetaminophen and products that contain it. They do not affect your platelets and will not increase your chance of bleeding. Do not take more than 4 grams in one day; very high doses can cause liver damage.

Acephen	Excedrin PM	Talacen
<b>Aceta with Codeine</b>	<b>Fiorcet</b>	Tempra

**Acetaminophen with Codeine**  
Arthritis Pain Formula aspirin -free  
Aspirin Free Anacin  
Bayer non-aspirin  
Datril  
**Davocet N 100**  
Di-Gesic  
**Esgic**

**Lorcet**  
**Lortab**  
Naldegescic  
**Norco**  
Panadol  
**Percocet**  
**Repan**  
**Roxicet**

Tylenol  
**Tylenol with Codeine #3**  
Vanquish  
**Vicodin**  
**Wygesic**  
**Zydone**

**Many over the counter Herbal medications also cause bleeding and must be discontinued for three weeks prior to surgery. A few of these include:**

Cayenne  
Echinacea  
Ephedra  
Feverfew  
Fish Oil

Garlic  
Ginseng  
Ginko  
Ginger  
Goldenseal

Kava-Kava  
Licorice  
Saw Palmetto  
St. John's Wort  
Valerian



### CONSENT FOR SMOKERS

It has been known that smokers have a 5%-10% less oxygen carrying ability in their blood due to carbon monoxide bound hemoglobin. In addition, the small air passage in the lungs are irritated and decreased in size by both swelling and phlegm. Smokers' cough caused by this phlegm produces bleeding, swelling, hematoma, and increases bruising during the postoperative period.

The decreased lung function and decreased oxygen carrying ability of the blood can possibly trigger serious complications such as stroke, heart attack, and death.

Due to the nicotine in the blood stream of smokers, it chokes off the nutrient blood supply to skin flaps and results in necrosis (slough) of the skin flaps, scarring, contracture, and deformity. The incidence of skin flaps loss, (usually behind the ears) in face- lift patients who smoke, is three times higher than in non-smokers. This applies also to breast reduction, breast lift, subcutaneous mastectomy, abdominoplasty and any type of implant or skin flap operations.

The additional risk of the above complications can be decreased in otherwise healthy people by abstaining from smoking and /or any nicotine-containing substitute (example: nicotine gum) **for 45 days before and 45 days after surgery.**

Some plastic surgeons will refuse to operate on patients that cannot quit smoking for this period of time. It is your body and you are an informed adult.

Please check one:

- I am going to quit permanently
- I am going to quit completely for 3 months
- Knowing the risks, I am going to continue to smoke

**I accept the increased risk of serious complications.**

**At your pre-operative appointment, an electronic signature will be collected to acknowledge that you received this form and consent to the treatment and/or procedure.**



**READ CAREFULLY BEFORE SIGNING**

**CONSENT TO ADMINISTRATION OF ANESTHETICS, AND THE RENDERING OF OTHER SERVICES**

I authorize and direct *Folsom Anesthesia Medical Group, Inc. or Dr. Ken Harris* to perform anesthesia for me and/or to do any other procedure that in his/her judgment may be advisable for my well-being.

Anesthesia involves the use of drugs or medication. The type of anesthesia to be administered has been determined by your surgeon and anesthesiologist to be the most appropriate for you and the procedure that you are undergoing. Not only do different individuals react differently to the same medication, but the state of their physical health influences the action of medicine. While all possible precautions will be taken, unforeseen reactions may occur.

I understand and accept that certain risks and complications are inherent in any anesthetic procedure. Post anesthetic nausea and vomiting, headache, phlebitis (blood clot), sore throat with laryngeal and/or tracheal swelling, heart and lung abnormalities, nerve and/or muscle disorders may occur. No anesthetic procedure, general, local, spinal, epidural, or other, is any guarantee against any post-operative complication. Even though steps are taken to protect bridgework, crowned or unsound teeth, there is no guarantee against possible accidental damage. Although rare, there is a risk of death, paralysis, or brain damage associated with the administration of anesthetics.

The nature of the procedure has been explained to me and no warranty or guarantee has been made as to the result.

**At your pre-operative appointment, an electronic signature will be collected to acknowledge that you received this form and consent to the treatment and/or procedure.**



### **Surgical Revision Policy**

All Plastic Surgery treatments and operations are performed to improve a condition, a problem or appearance. While the procedure(s) are performed with a very high probability of success, disappointments can occur and results are not always acceptable to patients or the Surgeon. Secondary procedures or treatments may be indicated. Rarely, problems may occur that are permanent. Poor results such as asymmetry, unhappiness with the result, poor healing, etc. may occur. Minimal differences are usually acceptable. Larger differences may require revision surgery.

Healing is also unpredictable, and outcomes from surgery can be outside of your doctors' control. Patients can have acute issues, such as hematomas or seromas (blood or fluid collections), or reactions to adhesives, medications or suture material. Patients can also have longer term complications, such as a capsular contracture (hardening of the scar tissue around a breast implant) or poor scarring (just to name a few). We do the best we can, with the latest treatments, to minimize your risk for any complications following your procedure.

There are also serious risks to any surgical procedure, such as a blood clot in the leg or pulmonary embolus. These are emergencies and need to be addressed at your nearest hospital immediately. Any hospitalizations, treatments, tests, medications or any surgical procedure not done in our facility, are the financial responsibility of the patient.

Aesthetic surgery is both an art and a science, and Dr. Kaufman strives to obtain the best possible results for their patients. However, Dr. Kaufman can promise only to do the best job he is trained to do. In the event that Dr. Kaufman determines that a revision procedure is appropriate, the following policy applies:

Dr. Kaufman will provide post-operative care after your initial surgery. For a period of six months after your surgery date, if he determines that a revision procedure is appropriate, there will be no charge for the physician's professional fees. However, it would be the patient's responsibility to pay for the operating room, anesthesia services, supplies, diagnostic testings, and any pre or post-operative prescriptions or non-prescription medications. The minimum fee for a revision under local anesthesia is \$500. The minimum fee for a revision under general anesthesia is \$1,800.00. Facility and anesthesia fees are based on time. It is not uncommon for Dr. Kaufman to have the patient wait one year for the healing process to complete in order to determine if a revision will be necessary.

**At your pre-operative appointment, an electronic signature will be collected to acknowledge that you received this form and consent to the treatment and/or procedure.**