

Breast Cancer Surveillance

KNOW THE FACTS. STAY INFORMED. TAKE CHARGE OF YOUR HEALTH.

Breast implants do NOT increase your risk of breast cancer.

With appropriate imaging and regular self-exams, women with implants can be confidently screened and stay proactive about their breast health.



IMPLANTS DO NOT INCREASE RISK

Extensive research and long-term studies show that breast implants—silicone or saline—do not increase your risk of developing breast cancer.



ALCL RISK IS EXTREMELY LOW

Breast Implant-Associated Anaplastic Large Cell Lymphoma (BIA-ALCL) is a rare type of lymphoma associated with textured implants.

Macrotextured implants have been removed from the market.

The risk with currently available implants is extremely low.



ROUTINE SCREENING IS STILL ESSENTIAL

Early detection saves lives. Stay on schedule with recommended screening and be your own best advocate.



CONSISTENT CARE BRINGS PEACE OF MIND

Know your baseline, stay consistent with screening, and never hesitate to report changes to your healthcare provider.

SCREENING OPTIONS FOR WOMEN WITH BREAST IMPLANTS

MAMMOGRAPHY – THE STANDARD OF CARE



- ✓ Mammography remains the gold standard for breast cancer screening.
- ✓ Always informs the technologist that you have implants. Special implant-displaced (ID) views are performed to move the implant back and visualize more of the breast tissue.
- ✓ These additional views are critical for complete coverage and accurate results.



WHAT TO DO:

Always tell the imaging center you have implants so they can perform the correct views.

STANDARD ID VIEWS FOR WOMEN WITH IMPLANTS

REGULAR VIEW
(Implant in place)



IMPLANT DISPLACED VIEW
(Implant pulled back)



REGULAR VIEW
(Implant in place)



IMPLANT DISPLACED VIEW
(Implant pulled back)



MRI – AN IMPORTANT OPTION



- ✓ Breast MRI is highly sensitive and can detect cancers mammography may miss, especially in dense breasts.
- ✓ Often recommended for high-risk patients or when additional evaluation is needed.
- ✓ May be costly and not always covered by insurance; screening discuss with your doctor what is appropriate for your individual risk.



MRI is a powerful tool, but it does not replace mammography—it complements it.

BE YOUR OWN ADVOCATE: MONTHLY SELF-EXAM



A monthly self-breast exam helps you become familiar with the normal look and feel of your breasts so you can notice changes early.



FOR THOSE WHO MENSTRUATE

Perform your self-exam on the first few days of menstrual cycle.



FOR THOSE WHO DO NOT MENSTRUATE

Perform your self-exam on the first calendar day of each month.



WHAT TO LOOK FOR:

- New lump or thickening
- Change in size or shape
- Skin dimpling or puckering
- Nipple changes or discharge
- Persistent pain or tenderness

Report any changes to your healthcare provider.



KEY TAKEAWAYS



Breast implants do not increase your risk of breast cancer.



ALCL is rare, and macrotextured implants are no longer on the market.



Mammography is the standard of care: tell your technologist you have implants.



MRI is an option for certain patients, but may be expensive for routine screening.



Monthly self-exams empower you to know your body and act early.