

All About Breast Implants

A DEEP DIVE INTO BREAST AUGMENTATION AND MASTOPEXY AUGMENTATION

INTRODUCTION

The world of breast augmentation is filled with misinformation and outdated ideas. Implants have evolved dramatically over the past 60+ years.

Today's implants are safer, more durable, and more natural looking than ever before.

Every decision matters—manufacturer, shell technology, gel, placement, and surgical technique all play a critical role in your safety, results, and long-term satisfaction.

WHY SO MUCH CONFUSION?



OUTDATED INFORMATION

Much of what you read online is based on implants from decades ago—not today.



EVER-CHANGING TECHNOLOGY

Implant innovation continues to advance, improving safety, durability, and results.



SOCIAL MEDIA MISPERCEPTIONS

Filters, angles, and editing can create unrealistic expectations.



ONE SIZE DOES NOT FIT ALL

What is right for one woman may not be right for another.

WHAT WE WILL COVER



1. IMPLANT HISTORY

The evolution of breast implants and how we get to today's modern, well-studied devices.



2. MANUFACTURERS

A comparison of the leading implant manufacturers available in the U.S.



3. SHELL TECHNOLOGY

How implant surfaces are designed to be more biocompatible and reduce complications.



4. GEL COHESIVITY

Understanding gel consistency and how it affects feel, shape, and rippling.



5. SHAPE & PROFILE

Round vs. anatomic implants and how profile affects projection and width.



6. CHOOSING SIZE

Finding the right size that fits your body, proportions, and aesthetic goals.



7. PLACEMENT

Above or below the muscle? Understanding the pros and cons of each option.



8. INCISION CHOICE

The different incision options and why the inframammary fold (IMF) is preferred.



OUR GOAL

To empower you with accurate information so you can make confident, informed decisions that lead to beautiful, natural results and a positive experience.

INFORMED PATIENTS. BETTER DECISIONS. BETTER RESULTS.



THE BOTTOM LINE

Breast augmentation is highly customizable. Understanding your options is the key to achieving results that look natural, feel right, and stand the test of time.

EDUCATION IS THE FOUNDATION OF EXCEPTIONAL RESULTS.



MY COMMITMENT: To provide evidence-based recommendations, the highest safety standards, and personalized care every step of the way.

Natural results. Lasting confidence.

