

Potential Complications and Long-Term Maintenance

UNDERSTANDING THE SHORT TERM, THE LONG TERM, AND WHAT TO EXPECT OVER TIME

EARLY RECOVERY (DAYS-WEEKS)

Most early issues are temporary and improve with time.



LONG-TERM JOURNEY (MONTHS-YEARS)

These considerations can arise over time.



IMPLANTS REQUIRE MAINTENANCE

Breast implants are excellent medical devices, but they are **not permanent**.

Plan on approximately

15
YEARS

for your next surgery (to exchange or revise your implants).

There is wide variation. Some patients need surgery sooner, and others much later.



HEMATOMA

Bleeding can cause a collection of blood around the implant. Uncommon, but may require return to the OR.



BRUISING & SWELLING

Very common and normal. Improves steadily over the first few weeks.



PAIN & MUSCLE TIGHTNESS

More common with implants under the muscle. Usually well controlled with medication.



TRANSIENT SENSITIVITY CHANGES

Numbness, increased sensitivity, tingling, or "electric" sensations are common. Almost always improve over weeks to months.



DRUG REACTIONS

Nausea, vomiting, constipation, itching, or allergic reactions can occur. Usually temporary and easily managed.



PERMANENT SENSITIVITY CHANGES

Uncommon, but some numbness or increased sensitivity may be permanent.



IMPAIRMENT IN NURSING

Most women can breastfeed, but surgery may reduce milk production in some.



CAPSULAR CONTRACTURE

Scar tissue around the implant can tighten, causing firmness, changes in shape, or pain.



DESIRE FOR SIZE CHANGE

Many patients eventually choose to be larger or smaller.



ASYMMETRY

No one is perfectly symmetrical. Differences may become more noticeable over time.



ANIMATION DEFORMITY

Implant movement with muscle contraction. More noticeable in active individuals.



RIPPLING

Visible or palpable rippling, more common with implants above the muscle or in very lean patients.



IMPLANT RUPTURE

Implants are durable, but not lifetime devices. Ruptures are usually not emergencies but require replacement.



OTHERS

Infection, seroma, skin changes, scarring, and rare implant malposition.



THE TAKE-HOME MESSAGE

Most patients recover smoothly and enjoy many years of beautiful results. Understanding both the short-term risks and long-term journey helps you make informed decisions and maintain results **you'll love for years to come.**



SAFE & EFFECTIVE

Breast augmentation has one of the highest satisfaction rates in plastic surgery.



MOST ISSUES ARE MANAGEABLE

Complications are uncommon and treatable.



REALISTIC EXPECTATIONS

Results can last for many years, but maintenance is part of the journey.



PARTNERSHIP MATTERS

Your surgeon is your partner—now and in the future.